WRITE, TALK & FEEL GOOD

A new group writing program for doctoral researchers starting May 2019

Doing a PhD is a big endeavour.

Are you struggling to find time to write?
Would you like to be more productive and at the same time connect with others?
This new program will help you boost your productivity!

FOCUS ON YOUR WRITING, SHARE YOUR EXPERIENCES WITH YOUR PEERS, AND FEEL WELCOME AND UNDERSTOOD IN A SUPPORTIVE ENVIRONMENT!

How this program works:

• Monthly 2-hour writing sessions with your peers
• Sessions are organised and led by a doctoral researcher (“group facilitator”) 
• Facilitated discussions are embedded in the writing session
• Program runs for 6 months

Interested in participating?
The program is organized jointly by the Research Academy Leipzig, yDiv and HIGRADE and will be scientifically evaluated in cooperation with the Department of Work and Organizational Psychology at Leipzig University. Please check the respective websites of all participating institutions for more information and registration:

ral.uni-leipzig.de/schreibgruppen
ufz.de/higrade/index.php?en=45992
idiv.de/ydiv/events_and_networking/write_talk_and_feel_good

THE MEETINGS WILL START IN MAY 2019.

Write, Talk and Feel Good is based on the Australian program „Write Smarter: Feel Better“, developed by the Cooperative Research Centre (CRC) for Mental Health. The design and related materials were adapted for local use by the Leipzig coordinating partners: